

# Master Sprint

NEDERLANDSE RANGLIJST  
 MASTERS-SWIMMING 1989  
 DUTCH TOP RANKING



Protokollen:

25M BAAN/SHORT COURSE		
2801	Mannheim	FRG
1703	Hürth	FRG
1803	Hürth	FRG
1903	Hürth	FRG
2904	Frankfurt	FRG
1709	Breda	HOL
2909	Hildesheim	FRG
0710	Ramscheid	FRG
1110	Indianapolis	USA
1210	Indianapolis	USA
1310	Indianapolis	USA
1410	Indianapolis	USA
1410	Mortsel	BEL
1510	Indianapolis	USA
1111	Landau	FRG
1811	Zeist	HOL
2511	Hasselt	BEL
0212	Maasmechelen	BEL

50M BAAN/LONG COURSE		
2801	Amsterdam	HOL
1006	Dormagen	FRG
3107	Arhus	DEN
0108	Arhus	DEN
0208	Arhus	DEN
0308	Arhus	DEN
0403	Arhus	DEN
0508	Arhus	DEN
3108	Turku	FIN
0109	Turku	FIN
0109V	Vichy	FRA
0209	Turku	FIN
0209V	Vichy	FRA
0309	Turku	FIN
0309V	Vichy	FRA
0511	Grünstadt	FRG
0912	Parijs	FRA
1012	Parijs	FRA
1712	Bussum	HOL
2104	Kiel	FRG
2204	Kiel	FRG
2304	Kiel	FRG



**50m baan  
LONG COURSE**

**50M VRIJ DAMES/FREE WOMEN 25-29**

1. 31.62 Margriet Lingeman 1012  
2. 34.01 Margareth Simons 0109V  
3. 51.99 Evelien Verschoor 0408

**100M VRIJ DAMES/FREE WOMEN 25-29**

1. 1.08.21 Margriet Lingeman 0109T  
2. 1.11.30 Irene v.d.Laan 2801  
3. 1.27.10 Astrid Erents 2801

**200M VRIJ DAMES/FREE WOMEN 25-29**

1. 2.27.65 Margriet Lingeman 0209T

**400M VRIJ DAMES/FREE WOMEN 25-29**

1. 5.17.42 Margriet Lingeman 0912

**800M VRIJ DAMES/FREE WOMEN 25-29**

1. 11.12.51 Margriet Lingeman 2204

**50M RUG DAMES/BACK WOMEN 25-29**

1. 38.40 Margareth Simons 0209V  
2. 59.30 Evelien Verschoor 0209V

**100M RUG DAMES/BACK WOMEN 25-29**

1. 1.19.87 Margriet Lingeman 1012  
2. 1.32.50 Astrid Erents 2801

**50M SCHOOL DAMES/BREAST WOMEN 25-29**

1. 56.95 Evelien Verschoor 0109V

**50M VLINDER DAMES/FLY WOMEN 25-29**

1. 33.36 Margriet Lingeman 0912  
2. 38.21 Margareth Simons 0209V

**100M VLINDER DAMES/FLY WOMEN 25-29**

1. 1.13.71 Margriet Lingeman 0309T  
2. 1.20.60 Irene v.d.Laan 2801

**200M VLINDER DAMES/FLY WOMEN 25-29**

1. 2.41.34 Margriet Lingeman 3108

**200M WISSEL DAMES/I.M. WOMEN 25-29**

1. 2.49.99 Margriet Lingeman 0109T

**400M WISSEL DAMES/I.M. WOMEN 25-29**

1. 6.02.42 Margriet Lingeman 2204

**50M VRIJ DAMES/FREE WOMEN 30-34**

1. 43.02 Leny Helmons 1012

**100M VRIJ DAMES/FREE WOMEN 30-34**

1. 1.41.66 Leny Helmons 1012

**100M RUG DAMES/BACK WOMEN 30-34**

1. 2.09.48 Jolande Bogaard 1012

**50M SCHOOL DAMES/BREAST WOMEN 30-34**

1. 49.38 Jolande Bogaard 0912  
2. 52.11 Leny Helmons 0912

**100M SCHOOL DAMES/BREAST WOMEN 30-34**

1. 1.49.34 Jolande Bogaard 1012

**50M VRIJ DAMES/FREE WOMEN 35-39**

1. 32.30 Christ.Nieuwenhuis 1006  
2. 34.16 Carla Hensen 1012

**100M VRIJ DAMES/FREE WOMEN 35-39**

1. 1.15.63 Carla Hensen 1012

**400M VRIJ DAMES/FREE WOMEN 35-39**

Z. 6.35.19 Karina v.d.Burg 0912

**100M RUG DAMES/BACK WOMEN 35-39**

1. 1.34.05 Carla Hensen 1012

**50M SCHOOL DAMES/BREAST WOMEN 35-39**

1. 41.06 Karina v.d.Burg 0912

**100M SCHOOL DAMES/BREAST WOMEN 35-39**

1. 1.31.84 Karina v.d.Burg 1012

**50M VLINDER DAMES/FLY WOMEN 35-39**

1. 36.10 Christ.Nieuwenhuis 1006

**200M WISSEL DAMES/I.M. WOMEN 35-39**

1. 3.13.50 Christ.Nieuwenhuis 1006

**50M VRIJ DAMES/FREE WOMEN 40-44**

1. 35.40 Wil Molenaar 1712  
2. 43.85 Annie Smits 3108

**100M VRIJ DAMES/FREE WOMEN 40-44**

1. 1.39.44 Annie Smits 0109T

**200M VRIJ DAMES/FREE WOMEN 40-44**

1. 3.44.16 Annie Smits 0209T

**400M VRIJ DAMES/FREE WOMEN 40-44**

1. 7.53.34 Annie Smits 0912

**50M RUG DAMES/BACK WOMEN 40-44**

1. 45.60 Wil Molenaar 1712  
2. 56.12 Annie Smits 0109T

**100M SCHOOL DAMES/BREAST WOMEN 40-44**

1. 1.50.58 Annie Smits 3108

50M VRIJ DAMES/FREE WOMEN 45-49	100M RUG DAMES/BACK WOMEN 50-54
1. 35.30 Margriet Koopman 1712	1. 2.27.90 Titi v. Ditzhuyzen 2801
2. 45.15 Corrie v. d. Zanden 1012	
3. 49.56 Liesbeth ter Laak 1012	50M SCHOOL DAMES/BREAST WOMEN 50-54
	1. 56.00 Riet Helmons 0912
100M VRIJ DAMES/FREE WOMEN 45-49	100M SCHOOL DAMES/BREAST WOMEN 50-54
1. 1.14.23 Judith v. Berkel 1012	1. 2.11.00 Titi v. Ditzhuyzen 2801
2. 1.36.09 Corrie v. d. Zanden 1012	
3. 1.51.77 Liesbeth ter Laak 1012	50M VLINDER DAMES/FLY WOMEN 50-54
200M VRIJ DAMES/FREE WOMEN 45-49	1. 48.70 Lottie Geurts 0209T
1. 2.41.49 Judith v. Berkel 0209T	
400M VRIJ DAMES/FREE WOMEN 45-49	50M VRIJ DAMES/FREE WOMEN 55-59
1. 5.44.25 Judith v. Berkel 0912	1. 34.68 Greta Lugthart 0408
2. 7.10.79 Corrie v. d. Zanden 0912	2. 50.95 Mien Kolen 1012
800M VRIJ DAMES/FREE WOMEN 45-49	100M VRIJ DAMES/FREE WOMEN 55-59
1. 11.50.99 Judith v. Berkel 3108	1. 1.33.59 Annie de Vos 1012
	2. 2.13.40 Iet Maassen 2801
50M RUG DAMES/BACK WOMEN 45-49	200M VRIJ DAMES/FREE WOMEN 55-59
1. 43.42 Erna Vahrmeijer 0109T	1. 3.22.89 Annie de Vos 0209T
2. 45.00 Margriet Koopman 1712	
100M RUG DAMES/BACK WOMEN 45-49	400M VRIJ DAMES/FREE WOMEN 55-59
1. 1.26.79 Judith v. Berkel 1012	1. 6.54.69 Annie de Vos 0912
2. 1.33.30 Erna Vahrmeijer 2801	
3. 1.56.50 Liesbeth ter Laak 2801	800M VRIJ DAMES/FREE WOMEN 55-59
50M SCHOOL DAMES/BREAST WOMEN 45-49	1. 14.35.55 Annie de Vos 3108
1. 41.36 Erna Vahrmeijer 0309T	50M RUG DAMES/BACK WOMEN 55-59
2. 55.63 Liesbeth ter Laak 0309T	1. 45.84 Annie de Vos 0109T
100M SCHOOL DAMES/BREAST WOMEN 45-49	100M RUG DAMES/BACK WOMEN 55-59
1. 1.29.89 Erna Vahrmeijer 3108	1. 1.42.24 Annie de Vos 1012
2. 1.58.70 Liesbeth ter Laak 2801	2. 2.28.90 Iet Maassen 2801
200M SCHOOL DAMES/BREAST WOMEN 45-49	200M RUG DAMES/BACK WOMEN 55-59
1. 3.24.22 Erna Vahrmeijer 0109T	1. 3.36.67 Annie de Vos 0209T
50M VLINDER DAMES/BFLY WOMEN 45-49	50M SCHOOL DAMES/BREAST WOMEN 55-59
1. 36.81 Erna Vahrmeijer 0912	1. 57.75 Mien Kolen 0912
2. 48.74 Corrie v. d. Zanden 0912	100M SCHOOL DAMES/BREAST WOMEN 55-59
200M WISSEL DAMES/I.M. WOMEN 45-49	1. 1.56.90 Iet Maassen 2801
1. 3.02.25 Judith v. Berkel 0109T	2. 2.07.09 Mien Kolen 1012
50M VRIJ DAMES/FREE WOMEN 50-54	50M SCHOOL DAMES/BREAST WOMEN 60-64
1. 34.20 Lottie Geurts 3108	1. 49.20 Liesbeth Burg 0912
100M VRIJ DAMES/FREE WOMEN 50-54	100M SCHOOL DAMES/BREAST WOMEN 60-64
1. 1.17.51 Lottie Geurts 0109T	1. 1.45.84 Liesbeth Burg 3108
200M VRIJ DAMES/FREE WOMEN 50-54	200M SCHOOL DAMES/BREAST WOMEN 60-64
1. 2.54.60 Lottie Geurts 0209T	1. 3.53.51 Liesbeth Burg 0109T
400M VRIJ DAMES/FREE WOMEN 50-54	
1. 6.29.97 Lottie Geurts 0912	
800M VRIJ DAMES/FREE WOMEN 50-54	
1. 12.54.65 Lottie Geurts 3108	

**50m baan  
LONG COURSE**

50M VRIJ HEREN/FREE MEN 25-29  
1. 25.46 Leon Verhage 0209V  
2. 27.51 Ronald Grove 0308

100M VRIJ HEREN/FREE MEN 25-29  
1. 56.17 Leon Verhage 0209V  
2. 59.70 Ronald Grove 0109T

200M VRIJ HEREN/FREE MEN 25-29  
1. 2.15.37 Ronald Grove 0208

400M VRIJ HEREN/FREE MEN 25-29  
1. 5.04.05 Ronald Grove 0912

800M VRIJ HEREN/FREE MEN 25-29  
1. 10.31.49 Ronald Grove 0508

1500M VRIJ HEREN/FREE MEN 25-29  
1. 19.58.31 Ronald Grove 0508

50M RUG HEREN/BACK MEN 25-29  
1. 29.98 Leon Verhage 0309V

100M SCHOOL HEREN/BREAST MEN 25-29  
1. 1.18.73 Ronald Grove 1012

50M VLINDER HEREN/FLY MEN 25-29  
1. 30.29 Ronald Grove 0912

100M VLINDER HEREN/FLY MEN 25-29  
1. 1.08.95 Ronald Grove 0309

200M WISSEL HEREN/I.M. MEN 25-29  
1. 2.33.43 Ronald Grove 0408

100M VRIJ HEREN/FREE MEN 30-34  
1. 1.00.20 Richard Broer 2801  
2. 1.00.80 Ben van Gent 2801  
3. 1.04.18 Hans Simons 0209V

200M VRIJ HEREN/FREE MEN 30-34  
1. 2.33.56 Hans Simons 0109V

400M VRIJ HEREN/FREE MEN 30-34  
1. 5.17.44 Hans Simons 0109V

800M VRIJ HEREN/FREE MEN 30-34  
1. 10.45.09 Hans Simons 0109V

100M SCHOOL HEREN/BREAST MEN 30-34  
1. 1.21.70 Richard Broer 2801

100M VLINDER HEREN/FLY MEN 30-34  
1. 1.10.40 Ben van Gent 2801  
2. 1.10.98 Hans Simons 0109V  
3. 1.11.70 Richard Broer 2801

200M WISSEL HEREN/I.M. MEN 30-34  
1. 2.39.34 Hans Simons 0309V

100M VRIJ HEREN/FREE MEN 35-39  
1. 1.09.90 Loud Jonckheere 2801

100M SCHOOL HEREN/BREAST MEN 35-39  
1. 1.23.90 Loud Jonckheere 2801

100M VLINDER HEREN/FLY MEN 35-39  
1. 1.28.50 Loud Jonckheere 2801

50M VRIJ HEREN/FREE MEN 40-44  
1. 25.57 Jan Koen Anthoni 0308  
2. 33.30 Kees Komen 1712

100M VRIJ HEREN/FREE MEN 40-44  
1. 58.40 Jan Koen Anthoni 0108  
2. 1.03.90 D.Uijtenbogaart 2801  
3. 1.05.60 Piet. Schillemans2801

200M VRIJ HEREN/FREE MEN 40-44  
1. 2.17.36 D.Uijtenbogaart 0209

400M VRIJ HEREN/FREE MEN 40-44  
1. 4.47.61 D.Uijtenbogaart 2204

800M VRIJ HEREN/FREE MEN 40-44  
1. 9.52.38 D.Uijtenbogaart 3108

1500M VRIJ HEREN/FREE MEN 40-44  
1. 19.12.27 D.Uijtenbogaart 2304

50M RUG HEREN/BACK MEN 40-44  
1. 37.13 Henk Wisselo 0309V  
2. 40.80 Kees Komen 1712

100M RUG HEREN/BACK MEN 40-44  
1. 1.12.70 Piet. Schillemans2801  
2. 1.17.00 D.Uijtenbogaart 2801  
3. 1.23.65 Henk Wisselo 3107

200M RUG HEREN/BACK MEN 40-44  
1. 2.43.92 D.Uijtenbogaart 2104  
2. 3.06.86 Henk Wisselo 0308

50M SCHOOL HEREN/BREAST MEN 40-44  
1. 40.22 Bert Mulder 0912

100M SCHOOL HEREN/BREAST MEN 40-44  
1. 1.20.60 D.Uijtenbogaart 2801  
2. 1.33.60 Bert Mulder 1012

200M SCHOOL HEREN/BREAST MEN 40-44  
1. 2.53.36 D.Uijtenbogaart 0109

50M VLINDER HEREN/FLY MEN 40-44  
1. 28.92 Jan Koen Anthoni0208  
2. 31.52 Henk Wisselo 0208

100M VLINDER HEREN/FLY MEN 40-44  
1. 1.15.88 Henk Wisselo 0108

200M VLINDER HEREN/FLY MEN 40-44  
1. 2.42.76 D.Uijtenbogaart 2104  
2. 3.18.29 Henk Wisselo 0508

200M WISSEL HEREN/I.M. MEN 40-44			
1.	2.36.15	D.Uijtenbogaart	0109
400M WISSEL HEREN/I.M. MEN 40-44			
1.	5.33.13	D.Uijtenbogaart	2204
50M VRIJ HEREN/FREE MEN 45-49			
1.	29.40	Rob Hanou	1712
2.	29.60	Ton Koopman	1712
3.	41.45	Wim ter Laak	1012
100M VRIJ HEREN/FREE MEN 45-49			
1.	1.08.30	Rob Hanou	0511
2.	1.35.44	Wim ter Laak	0109
200M VRIJ HEREN/FREE MEN 45-49			
1.	2.27.57	Rob Hanou	0209
400M VRIJ HEREN/FREE MEN 45-49			
1.	5.22.61	Rob Hanou	3107
800M VRIJ HEREN/FREE MEN 45-49			
1.	11.13.14	Rob Hanou	0909
1500M VRIJ HEREN/FREE MEN 45-49			
1.	21.27.17	Rob Hanou	0508
50M RUG HEREN/BACK MEN 45-49			
1.	38.60	Ton Koopman	1712
2.	40.30	Rob Hanou	1712
100M RUG HEREN/BACK MEN 45-49			
1.	1.31.40	Rob Hanou	0511
2.	1.54.20	Wim ter Laak	2801
50M SCHOOL HEREN/BREAST MEN 45-49			
1.	36.40	Rob Hanou	1006
2.	47.56	Wim ter Laak	0309
100M SCHOOL HEREN/BREAST MEN 45-49			
1.	1.20.45	Rob Hanou	0208
2.	1.47.99	Wim ter Laak	1012
200M SCHOOL HEREN/BREAST MEN 45-49			
1.	2.58.43	Rob Hanou	0408
50M VLINDER HEREN/FLY MEN 45-49			
1.	33.27	Rob Hanou	0912
100M VLINDER HEREN/FLY MEN 45-49			
1.	1.20.81	Rob Hanou	2104
200M VLINDER HEREN/FLY MEN 45-49			
1.	2.54.68	Rob Hanou	2104
200M WISSEL/I.M. MEN 45-49			
1.	2.46.11	Rob Hanou	0408
400M WISSEL/I.M. MEN 45-49			
1.	6.02.12	Rob Hanou	2204
50M VRIJ HEREN/FREE MEN 50-54			
1.	29.30	Nic Geers	0511
2.	34.43	Herman Rademakers	3108
100M VRIJ HEREN/FREE MEN 50-54			
1.	1.04.44	Nic Geers	1012
300M VRIJ HEREN/FREE MEN 50-54			
1.	2.22.53	Nic Geers	0208
400M VRIJ HEREN/FREE MEN 50-54			
1.	5.09.45	Nic Geers	0912
800M VRIJ HEREN/FREE MEN 50-54			
1.	10.51.81	Nic Geers	3108
1500M VRIJ HEREN/FREE MEN 50-54			
1.	20.59.08	Nic Geers	0508
50M RUG HEREN/BACK MEN 50-54			
1.	36.60	Nic Geers	0511
100M RUG HEREN/BACK MEN 50-54			
1.	1.20.07	Nic Geers	3108
200M RUG HEREN/BACK MEN 50-54			
1.	2.52.74	Nic Geers	2104
50M SCHOOL HEREN/BREAST MEN 50-54			
1.	40.17	Joep Bloemen	0309
2.	40.48	Herman Rademaker	3107
100M SCHOOL HEREN/BREAST MEN 50-54			
1.	1.29.99	Joep Bloemen	3108
2.	1.31.69	Herman Rademaker	1012
3.	1.33.90	Nic Geers	2801
200M SCHOOL HEREN/BREAST MEN 50-54			
1.	3.22.04	Joep Bloemen	0109
2.	3.23.87	Herman Rademaker	0109
50M VLINDER HEREN/FLY MEN 50-54			
1.	33.90	Nic Geers	0511
2.	34.40	Joep Bloemen	0209
100M VLINDER HEREN/FLY MEN 50-54			
1.	1.22.90	Nic Geers	2801
2.	1.24.90	Joep Bloemen	0309
200M VLINDER HEREN/FLY MEN 50-54			
1.	3.11.90	Nic Geers	2104
200M WISSEL HEREN/I.M. MEN 50-54			
1.	3.25.86	Herman Rademaker	0408
400M WISSEL HEREN/I.M. MEN 50-54			
1.	6.09.20	Nic Geers	2204

100M VRIJ HEREN/FREE MEN 55-59  
 1. 1.15.60 Hans den Boer 2801

100M RUG HEREN/BACK MEN 55-59  
 1. 1.33.60 Hans den Boer 2801

100M SCHOOL HEREN/BREAST MEN 55-59  
 1. 1.37.50 Hans den Boer 2801

100M VLINDER HEREN/FLY MEN 55-59  
 1. 1.46.60 Hans den Boer 2801

50M VRIJ HEREN/FREE MEN 65-69  
 1. 38.20 Broer Lamers 1006

100M VRIJ HEREN/FREE MEN 65-69  
 1. 1.28.61 Broer Lamers 0109

200M VRIJ HEREN/FREE MEN 65-69  
 1. 3.12.78 Broer Lamers 0208

400M VRIJ HEREN/FREE MEN 65-69  
 1. 6.53.46 Broer Lamers 3107

800M VRIJ HEREN/FREE MEN 65-69  
 1. 14.31.19 Broer Lamers 0408

50M RUG HEREN/BACK MEN 65-69  
 1. 45.77 Broer Lamers 0508

100M RUG HEREN/BACK MEN 65-69  
 1. 1.42.60 Broer Lamers 1310

200M RUG HEREN/BACK MEN 65-69  
 1. 3.54.59 Broer Lamers 0308

50M SCHOOL HEREN/BREAST MEN 65-69  
 1. 56.70 Broer Lamers 1006

50M VLINDER HEREN/FLY MEN 65-69  
 1. 60.40 Broer Lamers 1006

**25m baan  
 SHORT COURSE**

50M VRIJ DAMES/FREE WOMEN 25-29  
 1. 29.20 Brigitte Hemeltjen 1709  
 2. 30.90 Joyce Lamers 1709  
 3. 31.20 Margriet Lingeman 1410  
 4. 32.40 Margareth Simons 1709  
 5. 32.90 Anita de Klerk 1709  
 6. 35.30 Monique v.d. Heyden 1709  
 7. 39.30 Els Wagenaar 1709  
 8. 40.40 Irene Cuypers 1709  
 9. 45.70 Yvonne Nusselein 1709  
 10. 51.80 Evelien Verschoor 1709

100M VRIJ DAMES/FREE WOMEN 25-29  
 1. 1.03.70 Brigitte Hemeltjen 1709  
 2. 1.05.20 Margriet Lingeman 1903  
 3. 1.09.10 Joyce Lamers 1709  
 4. 1.18.80 Monique v.d. Heyden 1709  
 5. 1.33.40 Irene Cuypers 1709

200M VRIJ DAMES/FREE WOMEN 25-29  
 1. 2.28.10 Margriet Lingeman 1410

400M VRIJ DAMES/FREE WOMEN 25-29  
 1. 5.09.50 Margriet Lingeman 1706

800M VRIJ DAMES/FREE WOMEN 25-29  
 1. 10.38.80 Margriet Lingeman 1811

50M RUG DAMES/BACK WOMEN 25-29  
 1. 33.70 Judith Cromjongh 1709  
 2. 38.29 Margriet Lingeman 2511  
 3. 40.10 Margareth Simons 1709  
 4. 43.90 Els Wagenaar 1709  
 5. 49.80 Yvonne Nusselein 1709  
 6. 59.10 Evelien Verschoor 1709

100M RUG DAMES/BACK WOMEN 25-29  
 1. 1.11.70 Judith Cromjongh 1709  
 2. 1.21.10 Jacqueline Rolloos 1709  
 3. 1.21.40 Margriet Lingeman 1410

200M RUG DAMES/BACK WOMEN 25-29  
 1. 2.33.20 Judith Cromjongh 1709  
 2. 2.49.20 Margriet Lingeman 1709  
 3. 2.55.20 Jacqueline Rolloos 1709

50M SCHOOL DAMES/BREAST WOMEN 25-29  
 1. 33.50 Ria Willemse 1709  
 2. 35.80 Brigitte Hemeltjen 1709  
 3. 38.60 Lonneke Mooijman 1709  
 4. 39.10 Karin Hoppenbrouwers 1709  
 5. 40.50 Maria Eijs 1709  
 6. 43.60 Jet Rienks 1709  
 7. 43.60 Els Wagenaar 1709  
 8. 52.50 Yvonne Nusselein 1709  
 9. 57.10 Evelien Verschoor 1709

100M SCHOOL DAMES/BREAST WOMEN 25-29

1. 1.13.60 Ria Willemse 1709
2. 1.19.10 Brigitte Hemeltjen 1709
3. 1.25.00 Lonneke Mooijman 1709
4. 1.25.60 Karin Hoppenbrouwers1709
5. 1.30.20 Maria Eijs 1709
6. 1.30.40 Judith Cromjongh 1709
7. 1.35.50 Jet Rienks 1709

50M VLINDER DAMES/FLY WOMEN 25-29

1. 33.96 Margriet Lingeman 2511
2. 35.30 Maria Eijs 1709
3. 37.50 Margareth Simons 1709

100M VLINDER DAMES/FLY WOMEN 25-29

1. 1.13.20 Margriet Lingeman 1903
2. 1.28.90 Monique v.d.Heyden 1709

200M VLINDER DAMES/FLY WOMEN 25-29

1. 2.39.50 Margriet Lingeman 1709

100M WISSEL/I.M. WOMEN 25-29

1. 1.16.90 Margriet Lingeman 1903

200M WISSEL/I.M. WOMEN 25-29

1. 2.31.00 Ria Willemse 1709
2. 2.46.00 Judith Cromjongh 1709
3. 2.47.00 Margriet Lingeman 1709
4. 2.50.90 Joyce Lamers 1709
5. 2.53.00 Karin Hoppenbrouwers1709
6. 2.57.10 Jacqueline Rolloos 1709
7. 3.09.40 Monique v.d.Heyden 1709

400M WISSEL DAMES/I.M. WOMEN 25-29

1. 5,52,60 Margriet Lingeman 1706

50M VRIJ DAMES/FREE WOMEN 30-34

1. 29.80 Linda Wibbelink 1709
2. 30.20 Sylvia Ploos vAmstel1709
3. 30.80 Anja Louwinger 2801
4. 31.60 Margriet Pasma 1709
5. 32.80 Marianne v.Leeuwen 1709
6. 33.80 Tonny v.Ettinger 1709
7. 34.50 Annelies v.Boxel 1709
8. 34.80 Liesbeth Liebrechts 1709
9. 40.20 Wendy Broer-v.d.Hak 1803
10. 40.30 Ted Berk 1709

100M VRIJ DAMES/FREE WOMEN 30-34

1. 1.05.40 Linda Wibbelink 1709
2. 1.10.40 Gerda Steenbeek 1709
3. 1.10.90 Margriet Pasma 1709
4. 1.23.50 Annelies v.Boxel 1709

50M RUG DAMES/BACK WOMEN 30-34

1. 34.40 Marianne v.Leeuwen 1709
2. 53.50 Jolande Bogaard 1709
3. 1.51.14 Ineke Runhard 1410

100M RUG DAMES/BACK WOMEN 30-34

1. 1.15.20 Marianne v.Leeuwen 1709

200M RUG DAMES/BACK WOMEN 30-34

1. 2.48.10 Marianne v.Leeuwen 1709

50M SCHOOL DAMES/BREAST WOMEN 30-34

1. 38.30 Anja Louwinger 2801
2. 39.80 Linda Wibbelink 1709
3. 41.00 Sylvia Ploos vAmstel1709
4. 43.80 Tonny v.Ettinger 1709
5. 48.00 Jolande Bogaard 1709
6. 50.58 Wilma Koopman 0212

100M SCHOOL DAMES/BREAT WOMEN 30-34

1. 1.25.10 Linda Wibbelink 1709
2. 1.29.90 Sylvia Ploos vAmstel1709

200M SCHOOL DAMES/BREAST WOMEN 30-34

1. 3.57.10 Jolande Bogaard 1410

50M VLINDER DAMES/FLY WOMEN 30-34

1. 32.10 Sylvia Ploos vAmstel1709
2. 32.80 Linda Wibbelink 1709
3. 34.40 Anja Louwinger 2801
4. 40.10 Tonny v.Ettinger 1709

100M VLINDER DAMES/FLY WOMEN 30-34

1. 1.13.40 Sylvia Ploos vAmstel1709
2. 1.13.40 Linda Wibbelink 1709
3. 1.24.70 Gerda Steenbeek 1709

100M WISSEL DAMES/I.M. WOMEN 30-34

1. 1.18.20 Anja Louwinger 2801

200M WISSEL DAMES/I.M. WOMEN 30-34

1. 2.41.00 Linda Wibbelink 1709
2. 2.45.10 Sylvia Ploos vAmstel1709
3. 2.58.60 Margriet Pasma 1709

50M VRIJ DAMES/FREE WOMEN 35-39

1. 31.30 Christ.Nieuwenhuis 1709
2. 34.50 Carla Hensen 0212
3. 36.00 Marie-L. Pijnenburg 1709
4. 38.60 Helma Smolders 1709
5. 41.60 Anneke Hekker 1709

100M VRIJ DAMES/FREE WOMEN 35-39

1. 1.13.40 Christ. Nieuwenhuis 1709
2. 1.15.40 Carla Hensen 1903
3. 1.30.20 Helma Smolders 1709

100M RUG DAMES/BACK WOMEN 35-39

1. 1.27.60 Carla Hensen 1709
2. 1.37.40 Helma Smolders 1709

200M RUG DAMES/BACK WOMEN 35-39

1. 3.17.30 Carla Hensen 1709

50M SCHOOL DAMES/BREAST WOMEN 35-39

1. 41.40 Karina v.d.Burg 1709
2. 43.90 Christ.Nieuwenhuis 0710
3. 47.01 Carla Hensen 0212
4. 52.58 Rita Sloopbeek 0212
5. 56.83 Loes Miles 0212



50M VLINDER DAMES/FLY WOMEN 35-39		400M VRIJ DAMES/FREE WOMEN 45-49	
1. 34.60 Christ. Nieuwenhuis	0710	1. 5.38.52 Judith v. Berkel	1811
2. 40.50 Helma Smolders	1709	2. 6.52.90 Corrie v.d. Zanden	1706
		3. 8.21.40 Liesbeth ter Laak	1706
100M VLINDER DAMES/FLY WOMEN 35-39		800M VRIJ DAMES/FREE WOMEN 45-49	
1. 1.20.60 Carla Hensen	1709	1. 11.46.91 Judith v. Berkel	1811
200M VLINDER DAMES/FLY WOMEN 35-39		50M RUG DAMES/BACK WOMEN 45-49	
1. 3.00.00 Carla Hensen	1709	1. 41.10 Erna Vahrmeijer	1709
200M WISSEL DAMES/I.M. WOMEN 35-39		2. 51.80 Liesbeth ter Laak	1709
1. 3.02.10 Carla Hensen	1709	100M RUG DAMES/BACK WOMEN 45-49	
2. 3.06.20 Christ. Nieuwenhuis	1709	1. 1.23.40 Judith v. Berkel	1709
		2. 1.52.40 Liesbeth ter Laak	1709
50M VRIJ DAMES/FREE WOMEN 40-44		50M SCHOOL DAMES/BREAST WOMEN 45-49	
1. 35.40 Marjorie de Deugd	1709	1. 40.40 Erna Vahrmeijer	1709
2. 43.40 Annie Smits	2511	2. 47.10 Greet Brehler	1709
100M VRIJ DAMES/FREE WOMEN 40-44		3. 54.50 Liesbeth ter Laak	1709
1. 1.18.80 Marjorie de Deugd	1709	100M SCHOOL DAMES/BREAST WOMEN 45-49	
2. 1.35.50 Annie Smits	1709	1. 1.27.30 Erna Vahrmeijer	1709
200M VRIJ DAMES/FREE WOMEN 40-44		2. 1.57.10 Liesbeth ter Laak	1709
1. 3.51.90 Annie Smits	1706	200M SCHOOL DAMES/BREAST WOMEN 45-49	
400M VRIJ DAMES/FREE WOMEN 40-44		1. 3.13.90 Erna Vahrmeijer	1410
1. 8.05.10 Annie Smits	1706	50M VLINDER DAMES/FLY WOMEN 45-49	
50M RUG DAMES/BACK WOMEN 40-44		1. 37.30 Erna Vahrmeijer	1709
1. 55.90 Annie Smits	2511	2. 48.40 Corrie v.d. Zanden	1709
50M SCHOOL DAMES/BREAST WOMEN 40-44		200M WISSEL/I.M. WOMEN 45-49	
1. 51.60 Riet Vlaskamp	1709	1. 2.59.50 Judith v. Berkel	1709
2. 51.76 Annie Smits	2511	2. 3.41.85 Corrie v.d. Zanden	1410
3. 53.10 Marja v. Halteren	1709	50M VRIJ DAMES/FREE WOMEN 50-54	
100M SCHOOL DAMES/BREAST WOMEN 40-44		1. 34.20 Lottie Geurts	1709
1. 1.51.00 Annie Smits	1709	2. 50.40 Riet Helmons	1709
2. 1.58.60 Marja v. Halteren	1709	100M VRIJ DAMES/FREE WOMEN 50-54	
3. 2.11.70 Riet Vlaskamp	1709	1. 1.14.70 Lottie Geurts	1709
50M VLINDER DAMES/FLY WOMEN 40-44		200M VRIJ DAMES/FREE WOMEN 50-54	
1. 53.79 Annie Smits	2511	1. 3.07.30 Lottie Geurts	1706
50M VRIJ DAMES/FREE WOMEN 45-49		400M VRIJ DAMES/FREE WOMEN 50-54	
1. 32.80 Lotty Heniger	1709	1. 6.21.30 Lottie Geurts	1706
2. 37.40 Greet Brehler	1709	200M RUG DAMES/BACK WOMEN 50-54	
3. 43.10 Corrie v.d. Zanden	1709	1. 3.27.60 Lottie Geurts	1709
4. 49.00 Liesbeth ter Laak	1709	50M SCHOOL DAMES/BREAST WOMEN 50-54	
100M VRIJ DAMES/FREE WOMEN 45-49		1. 55.70 Titi v. Ditzhuyzen	1709
1. 1.13.60 Judith v. Berkel	1709	2. 56.90 Riet Helmons	1709
2. 1.30.20 Corrie v.d. Zanden	1709	100M SCHOOL DAMES/BREAST WOMEN 50-54	
3. 1.49.30 Liesbeth ter Laak	1709	1. 2.02.20 Titi v. Ditzhuyzen	1709
200M VRIJ DAME/FREE WOMEN 45-49			
1. 2.41.71 Judith v. Berkel	1811		
2. 3.20.41 Corrie v.d. Zanden	1410		

50M VRIJ DAMES/FREE WOMEN 55-59		
1.	49.80	Sytske Zwart 1709
2.	50.40	Mien Kolen 1410
50M RUG DAMES/BACK WOMEN 55-59		
1.	45.00	Annie de Vos 1709
2.	53.40	Sytske Zwart 1709
100M RUG DAMES/BACK WOMEN 55-59		
1.	1.38.40	Annie de Vos 1709
200M RUG DAMES/BACK WOMEN 55-59		
1.	3.33.40	Annie de Vos 1709
50M SCHOOL DAMES/BREAST WOMEN 55-59		
1.	56.00	Sytske Zwart 1709
2.	58.25	Mien Kolen 1410
100M SCHOOL DAMES/BREAST WOMEN 55-59		
1.	2.10.60	Mien Kolen 1709
200M WISSEL DAMES/L./M. WOMEN 55-59		
1.	3.40.49	Annie de Vos 1410
50M VRIJ DAMES/FREE WOMEN 60-64		
1.	40.30	Gerda v. Daatselaar 1709
100M VRIJ DAMES/FREE WOMEN 60-64		
1.	1.30.70	Gerda v. Daatselaar 1709
400M VRIJ DAMES/FREE WOMEN 60-64		
1.	8.10.10	Atie Derksen 1706
50M SCHOOL DAMES/BREAST WOMEN 60-64		
1.	1.28.80	Magda v. Boxel 1709
50M VRIJ DAMES/FREE WOMEN 65-69		
1.	44.50	Gré Schönberger 1709
100M VRIJ DAMES/FREE WOMEN 65-69		
1.	1.40.00	Gré Schönberger 1709
50M RUG DAMES/BACK WOMEN 65-69		
1.	54.50	Gré Schönberger 1709
100M RUG DAMES/BACK WOMEN 65-69		
1.	1.59.30	Gré Schönberger 1709
50M SCHOOL DAMES/BREAST WOMEN 65-69		
1.	57.30	Gré Schönberger 1709
100M SCHOOL DAMES/BREAST WOMEN 65-69		
1.	2.03.40	Gré Schönberger 1709

## 25m baan SHORT COURSE

50M VRIJ HEREN/FREE MEN 25-29		
1.	24.80	Jos Huizer 1709
2.	24.90	Fred Ketting 1709
3.	25.00	Frank Rietbroek 1709
4.	25.20	Bennie Oostveen 1709
5.	25.40	Menno Spaargaren 1709
6.	25.60	Gudo Hemeltjen 1709
7.	26.10	Hans v. Gerwen 1709
8.	26.30	Ronald Grove 1709
9.	26.80	Frank Lamers 1709
10.	28.10	John v. Aalst 1709
100M VRIJ HEREN/FREE MEN 25-29		
1.	54.90	Fred Ketting 1709
2.	54.90	Frank Rietbroek 1709
3.	56.10	Bennie Oostveen 1709
4.	56.20	Marco Lagas 0405
5.	56.50	Hans v. Gerwen 1709
6.	56.50	Gudo Hemeltjen 1709
7.	58.00	Edwin van Norden 1709
8.	58.60	Ronald Grove 1709
9.	58.90	Frank Lamers 1709
10.	60.00	Marcel Stroet 1709
200M VRIJ HEREN/FREE MEN 25-29		
1.	2.17.80	Ronald Grove 1706
400M VRIJ HEREN/FREE MEN 25-29		
1.	4.47.50	Ronald Grove 1706
50M RUG HEREN/BACK MEN 25-29		
1.	28.60	Menno Spaargaren 1709
2.	29.80	Bert Schlicher 1709
3.	33.00	Jakob Germs 1709
4.	33.40	Arno Stap 1709
5.	34.02	Ronald Grove 2511
6.	35.60	John Albrechts 1709
100M RUG HEREN/BACK MEN 25-29		
1.	1.01.70	Menno Spaargaren 1709
2.	1.05.20	Ben Schlicher 1709
3.	1.06.70	Ruud Worm 1709
4.	1.12.70	Jakob Germs 1709
5.	1.14.00	Ronald Grove 1709
200M RUG HEREN/BACK MEN 25-29		
1.	2.22.20	Bert Schlicher 1709
2.	2.23.10	Ruud Worm 1709
3.	2.37.60	Jakob Germs 1709
4.	2.39.40	Arno Stap 1709
5.	2.41.80	Ton Brouwer 1709
6.	2.41.90	Ronald Grove 1709
7.	2.50.80	John Albrechts 1709
50M SCHOOL HEREN/BREAST MEN 25-29		
1.	32.80	J.K. Pieterse 1709
2.	32.90	Jos Huizer 1709
3.	33.00	Gudo Hemeltjen 1709
4.	33.50	Allard de Groot 1709
5.	37.60	Dieu Donné Niesten 1803
6.	43.50	Rud Jansen 1709

100M SCHOOL HEREN/BREAST MEN 25-29			8.	31.10	Raymund Bervoets	1709	
1.	1.11.80	Frank Rietbroek	1709	9.	33.50	Adrie Berk	1709
2.	1.12.60	Gudo Hemeltjen	1709	10.	43.46	Jos Herman	0212
3.	1.13.60	J.K. Pieterse	1709	100M VRIJ HEREN/FREE MEN 30-34			
4.	1.14.90	Allard de Groot	1709	1.	57.40	Richard Broer	0405
5.	1.15.00	Jos Huizer	1709	2.	1.00.10	Mike v.d. Vijver	1709
6.	1.16.40	Harm Muller	1709	3.	1.00.60	Gerard Floothuis	1709
7.	1.18.38	Ronald Grove	2511	4.	1.00.60	Marty Veen	1709
8.	1.18.40	Marcel Bulk	1709	5.	1.00.60	Harry Holsbeek	1709
9.	1.25.60	R. v. d. Nieuwendijk	1709	6.	1.07.80	Roelof van Lopik	1709
10.	1.25.50	Niek de Leeuw	1709	7.	1.11.70	Ben Mielen	1709
50M VLINDER/FLY MEN 25-29			8.	1.12.60	Raymund Bervoets	1709	
1.	27.60	Fred Ketting	1709	9.	1.16.30	Adrie Berk	1709
2.	27.90	Edwin van Norden	1709	200M VRIJ HEREN/FREE MEN 30-34			
3.	28.40	Jos Huizer	1709	1.	2.09.80	Richard Broer	1703
4.	28.90	Allard de Groot	1709	400M VRIJ HEREN/FREE MEN 30-34			
5.	30.19	Ronald Grove	2511	1.	4.36.80	Richard Broer	1706
6.	30.60	Johan van Aalst	1709	2.	4.39.20	Walter Wolters	1706
7.	31.20	Ton Brouwer	1709	3.	5.33.20	Pim van Anandel	1706
8.	31.30	Frank Lamers	1709	4.	5.50.10	Wim Witjes	1706
9.	35.70	Niek de Leeuw	1709	50M RUG HEREN/BACK MEN 30-34			
10.	37.10	Dieu Donn� Niesten	1803	1.	31.30	Roelof van Lopik	1709
100M VLINDER HEREN/FLY MEN 25-29			2.	31.70	Mike v.d. Vijver	1709	
1.	1.00.60	Menno Spaargaren	1709	3.	34.40	Ad Baars	1709
2.	1.03.30	Edwin van Norden	1709	4.	37.30	Ben Mielen	1709
3.	1.04.50	Frank Rietbroek	1709	5.	39.10	Pim van Anandel	1709
200M VLINDER HEREN/FLY MEN 25-29			6.	53.45	Jos Hermans	0212	
1.	2.20.90	Edwin van Norden	1709	200M RUG HEREN/BACK MEN 30-34			
2.	2.38.30	Ronald Grove	1709	1.	2.34.10	Roelof van Lopik	1709
3.	2.57.60	John Albrechts	1709	2.	2.42.40	Marty Veen	1709
100M WISSEL HEREN/I.M. MEN 25-29			3.	3.02.10	Pim van Anandel	1709	
1.	1.06.30	Marco Lagas	0405	50M SCHOOL HEREN/BREAST MEN 30-34			
2.	1.08.20	Ronald Grove	0405	1.	33.30	Roelof van Lopik	1709
3.	1.11.80	Jacquo Odenare	0405	2.	34.70	Richard Broer	1709
4.	1.13.10	Frank Gozeling	0405	3.	35.40	Gerard Floothuis	1709
5.	1.17.30	Marcel Stroet	0405	4.	37.20	Harrie Holsbeek	1709
200M WISSEL HEREN/I.M. MEN 25-29			5.	37.30	Ron Jansen	1709	
1.	2.21.50	Frank Rietbroek	1709	6.	37.40	Ad Baars	1709
2.	2.23.70	Ruud Worm	1709	7.	39.90	Raymund Bervoets	1709
3.	2.26.30	Edwin van Norden	1709	8.	51.09	Jos Hermans	0212
4.	2.30.70	Ronald Grove	1709	100M SCHOOL HEREN/BREAST MEN 30-34			
5.	2.31.70	Harm Muller	1709	1.	1.14.60	Walter Rolloos	1709
6.	2.39.90	Frank Lamers	1709	2.	1.15.20	Roelof van Lopik	1709
7.	2.42.20	R. v. d. Nieuwendijk	1709	3.	1.22.60	Gerard Floothuis	1709
400M WISSEL HEREN/I.M. MEN 25-29			50M VLINDER HEREN/FLY MEN 30-34				
1.	5.29.80	Ronald Grove	1706	1.	28.90	Richard Broer	1709
50M VRIJ HEREN/FREE MEN 30-34			2.	29.80	Walter Wolters	1709	
1.	25.80	Roelof van Lopik	1709	3.	32.00	Ad Baars	1709
2.	25.90	Richard Broer	1803	100M VLINDER HEREN/FLY MEN 30-34			
3.	27.00	Mike v.d. Vijver	1709	1.	1.05.10	Walter Rolloos	1709
4.	27.30	Gerard Floothuis	1709	2.	1.05.80	Walter Wolters	1709
5.	27.30	Harry Holsbeek	1709	3.	1.08.80	Marty Veen	1709
6.	28.30	Ad Baars	1709	4.	1.10.30	Hans Simons	1709
7.	29.40	Ron Jansen	2801	5.	1.16.00	Mark Sligh	1709

200M VLINDER HEREN/FLY MEN 30-34		200M WISSEL HEREN/I. M. MEN 35-39	
1. 2.33.50 Walter Wolters	1709	1. 2.42.10 Hans Piederiet	1709
2. 2.33.90 Marty Veen	1709	2. 2.45.80 Pieter Huslage	1709
3. 2.34.80 Hans Simons	1709		
100M WISSEL HEREN/I. M. MEN 30-34		50M VRIJ HEREN/FREE MEN 40-44	
1. 1.06.70 Richard Broer	0405	1. 25.90 Jan Koen Anthoni	1709
2. 1.17.90 Ron Jansen	2801	2. 28.30 Dick de Kler	1709
		3. 28.30 Pieter Schillemans	1709
200M WISSEL HEREN/I. M. MEN 30-34		4. 30.10 Hans de Deugd	1709
1. 2.25.30 Walter Rolloos	1709	5. 31.13 Henk Koop	2511
2. 2.34.90 Marty Veen	1709	6. 36.00 Bernd Langer	1803
3. 2.36.60 Hans Simons	1709		
400M WISSEL HEREN/I. M. MEN 30-34		100M VRIJ HEREN/FREE MEN 40-44	
1. 5.25.30 Richard Broer	1706	1. 59.60 Jan Koen Anthoni	1709
2. 5.31.30 Walter Wolters	1706	2. 1.06.10 Dick de Kler	1709
3. 6.12.20 Pim van Andel	1706	3. 1.07.80 Dick de Kuijer	1709
4. 6.48.90 Wim Witjes	1706	4. 1.07.80 Hans de Deugd	1709
		5. 1.11.00 Wim Been	1709
		6. 1.11.80 Henk Koop	1709
50M VRIJ HEREN/FREE MEN 35-39		200M VRIJ HEREN/FREE MEN 40-44	
1. 26.00 Bob Schoutsen	1709	1. 2.15.20 Donald Uijtenbogaart	1410
2. 26.90 Jef Schillemans	1709		
3. 29.20 Loud Jonckheere	1709	400M VRIJ HEREN/FREE MEN 40-44	
4. 36.60 Jan v. d. Meer	1709	1. 4.40.10 Donald Uijtenbogaart	1706
		2. 7.36.20 Henk de Hoogh	1706
100M VRIJ HEREN/FREE MEN 35-39		50M RUG HEREN/BACK MEN 40-44	
1. 59.40 Jef Schillemans	1709	1. 32.20 Pieter Schillemans	1709
2. 1.07.90 Lout Jonckheere	1709	2. 33.60 Hans de Deugd	1709
3. 1.10.10 Dave Kofman	0405	3. 35.50 Reijn Exalto	1709
4. 1.25.90 Jan v. d. Meer	1709	4. 36.40 Henk Koop	1709
50M RUG HEREN/BACK MEN 35-39		100M RUG HEREN/BACK MEN 40-44	
1. 30.80 Bob Schoutsen	1709	1. 1.10.40 Pieter Schillemans	1709
100M RUG HEREN/BACK MEN 35-39		2. 1.14.50 Reijn Exalto	1709
1. 1.06.60 Bob Schoutsen	1709	3. 1.15.40 Donald Uijtenbogaart	1709
2. 1.08.90 Hans Piederiet	1709	4. 1.15.40 Hans de Deugd	1709
		5. 1.23.30 Henk Koop	1709
200M RUG HEREN/BACK MEN 35-39		200M RUG HEREN/BACK MEN 40-44	
1. 2.29.20 Bob Schoutsen	1709	1. 2.37.50 Donald Uijtenbogaart	1709
2. 2.34.30 Hans Piederiet	1709	2. 2.38.60 Pieter Schillemans	1709
		3. 2.47.40 Reijn Exalto	1709
50M SCHOOL HEREN/BREAST MEN 35-39		50M SCHOOL HEREN/BREAST MEN 40-44	
1. 36.80 Pieter Huslage	1709	1. 31.90 Kees Uittenhout	1709
2. 37.00 Loud Jonckheere	1709	2. 37.90 Hans v. Vastenhoven	1709
3. 50.62 Simon Slootbeek	0212	3. 39.10 Wim Schaap	1709
100M SCHOOL HEREN/BREAST MEN 35-39		4. 40.60 Bert Mulder	1709
1. 1.22.30 Pieter Huslage	1709	5. 41.61 Henk Koop	2511
2. 1.25.50 Loud Jonckheere	1709	6. 42.90 Bernd Langer	1803
50M VLINDER HEREN/FLY MEN 35-39		100M SCHOOL HEREN/BREAST MEN 40-44	
1. 31.70 Pieter Huslage	1709	1. 1.15.40 Wim Mulder	1709
2. 32.10 Bert Zaagman	1709	2. 1.24.30 Hans v. Vastenhoven	1709
		3. 1.30.00 Wim Schaap	1709
100M WISSEL HEREN/I. M. MEN 35-39		4. 1.32.50 Bert Mulder	1709
1. 1.20.30 Dave Kofman	0405	5. 1.33.90 Henk de Hoogh	1709
		200M SCHOOL HEREN/BREAST MEN 40-44	
		1. 2.48.60 Donald Uijtenbogaart	1410

50M VLINDER HEREN/FLY MEN 40-44		50M SCHOOL HEREN/BREAST MEN 45-49	
1. 29.50 Jan koen Anthoni	1709	1. 35.70 Rob Hanou	2904
2. 32.20 Henk Wisselo	1709	2. 41.90 Rob Dijkstra	1709
3. 33.30 Hans v.Vastenhoven	1709	3. 46.90 Jos v.Kuyeren	1709
4. 33.80 Dick de Kuijer	1709	4. 46.90 Wim ter Laak	1709
5. 34.10 Wim Been	1709		
6. 36.84 Wim Koop	2511	100M SCHOOL HEREN/BREAST MEN 45-49	
100M VLINDER HEREN/FLY MEN 40-44		1. 1.18.60 Rob Hanou	2909
1. 1.06.80 Wim Mulder	1709	2. 1.34.40 Rob Dijkstra	1709
2. 1.12.90 Donald uijtenbogaart	1410	3. 1.45.00 Jos v.Kuyeren	1709
3. 1.17.70 Henk Wisselo	1709	4. 1.46.80 Wim ter Laak	1709
200M VLINDER HEREN/FLY MEN 40-44		200M SCHOOL HEREN/BREAST MEN 45-49	
1. 2.33.50 Donald Uijtenbogaart	1709	1. 2.54.20 Rob Hanou	1410
2. 3.11.60 Henk wisselo	1709	50M VLINDER HEREN/FLY MEN 45-49	
200M WISSEL HEREN/I.M. MEN 40-44		1. 33.20 Rob Hanou	2904
1. 2.28.60 Wim Mulder	1709	100M VLINDER HEREN/FLY MEN 45-49	
2. 2.29.20 Donald Uijtenbogaart	1709	1. 1.15.10 Rob Hanou	1903
3. 2.48.70 Reijn Exalto	1709	200M VLINDER HEREN/FLY MEN 45-49	
4. 3.01.50 Dick de Kuijer	1709	1. 2.54.10 Rob Hanou	1709
5. 3.03.00 Wim Been	1709	100M WISSEL HEREN/I.M. MEN 45-49	
400M WISSEL HEREN/I.M. MEN 40-44		1. 1.13.70 Rob Hanou	0405
1. 5.20.20 Donald Uijtenbogaart	1706	200M WISSEL HEREN/I.M. MEN 45-49	
50M VRIJ HEREN/FREE MEN 45-49		1. 2.43.70 Rob Hanou	1111
1. 29.00 Robert Jan Plasier	1709	400M WISSEL HEREN/I.M. MEN 45-49	
2. 29.70 Rob Hanou	2904	1. 5.57.60 Rob Hanou	1706
3. 35.60 Frans v.d.Walle	1709	50M VRIJ HEREN/FREE MEN 5-54	
4. 41.30 Wim ter Laak	1709	1. 29.10 Nic geers	1803
100M VRIJ HEREN/FREE MEN 45-49		2. 32.15 Wim Kessels	0212
1. 1.06.30 Rob Hanou	1709	3. 36.90 Joep Bloemen	1709
2. 1.32.30 Wim ter Laak	1709	100M VRIJ HEREN/FREE MEN 5-5	
3. 2.22.30 Joop van Dam	1709	1. 1.03.70 Nic geers	1709
200M VRIJ HEREN/FREE MEN 45-49		2. 1.16.10 Gregor Pompen	1709
1. 2.27.30 Rob Hanou	2909	200M VRIJ HEREN/FREE MEN 50-54	
400M VRIJ HEREN/FREE MEN 45-49		1. 2.24.10 Nic Geers	1703
1. 5.18.70 Rob Hanou	1706	400M VRIJ HEREN/FREE MEN 50-54	
2. 8.24.30 Wim ter Laak	1706	1. 5.07.60 Nic Geers	1706
800M VRIJ HEREN/FREE MEN 45-49		50M RUG HEREN/BACK MEN 50-54	
1. 11.05.86 Rob Hanou	1811	1. 35.90 Nic Geers	1803
1500M VRIJ HEREN/FREE MEN 45-49		100M RUG HEREN/BACK MEN 50-54	
1. 20.56.51 Rob Hanou	1811	1. 1.19.20 Nic Geers	1903
50M RUG HEREN/BACK MEN 45-49		2. 1.34.90 Gregor Pompen	1709
1. 36.00 Robert Jan Plasier	1709	200M RUG HEREN/BACK MEN 50-54	
2. 38.70 Frans v.d.Walle	1709	1. 2.58.40 Nic Geers	1709
3. 39.10 Rob Hanou	0403		
4. 52.30 Wim ter Laak	1709		
100M RUG HEREN/BACK MEN 45-49			
1. 1.29.70 Rob Hanou	1903		
2. 1.54.20 Wim ter Laak	1709		

50M SCHOOL HEREN/BREAST MEN 50-54		200M WISSEL HEREN/I.M. MEN 55-59	
1. 36.20 Wieger Mensonides	1709	1. 3.14.30 Hans den Boer	1709
2. 39.20 Joep Bloemen	1709		
3. 40.70 Herman Rademaker	1410	400M WISSELSLAG HEREN/I.M. MEN 55-59	
4. 43.06 Wim Kessels	0212	1. 7.11.50 Hans den Boer	1706
100M SCHOOL HEREN/BREAST MEN 50-54		100M RUG HEREN/BACK MEN 60-64	
1. 1.25.20 Wieger Mensonides	1709	1. 1.41.30 Ru Holtes	1709
2. 1.27.90 Joep Bloemen	1709		
3. 1.32.30 Herman Rademaker	1709		
		50M SCHOOL HEREN/BREAST MEN 60-64	
200M SCHOOL HEREN/BREAST MEN 50-54		1. 42.60 Joop v.Daatselaar	1709
1. 3.20.00 Herman Rademaker	1410		
		100M SCHOOL HEREN/BREAST MEN 60-64	
50M VLINDER HEREN/FLY MEN 50-54		1. 1.36.70 Joop v.Daatselaar	1709
1. 34.20 Nic Geers	1709		
2. 34.60 Joep Bloemen	1709		
		50M VRIJ HEREN/FREE MEN 65-69	
100M VLINDER HEREN/FLY MEN 50-54		1. 36.80 Broer Lamers	2801
1. 1.21.10 Joep Bloemen	1709		
2. 1.21.30 Nic Geers	1903	100M VRIJ HEREN/FREE MEN 65-69	
		1. 1.25.57 Broer Lamers	1110
200M VLINDER HEREN/FLY MEN 50-54			
1. 3.09.10 Nic Geers	1709	200M VRIJ HEREN/FREE MEN 65-69	
		1. 3.03.80 Broer Lamers	1703
100M WISSEL HEREN/I.M. MEN 50-54			
1. 1.18.20 Nic Geers	1903	400M VRIJ HEREN/FREE MEN 65-69	
		1. 6.42.80 Broer Lamers	1703
200M WISSEL HEREN/I.M. MEN 50-54			
1. 2.51.50 Nic Geers	1709	800M VRIJ HEREN/FREE MEN 65-69	
2. 3.04.80 Wieger Mensonides	1709	1. 14.18.27 Broer Lamers	1510
3. 3.18.40 Herman Rademaker	1410		
		50M RUG HEREN/BACK MEN 65-69	
400M WISSEL HEREN/I.M. MEN 50-54		1. 46.50 Broer Lamers	2801
1. 6.13.00 Nic Geers	1706		
		100M RUG HEREN/BACK MEN 65-69	
50M VRIJ HEREN/FREE MEN 55-59		1. 1.43.40 Broer Lamers	1709
1. 31.80 Piet ten Thije	1709		
2. 32.00 Hans den Boer	1709	200M RUG HEREN/BACK MEN 65-69	
		1. 3.55.30 Broer Lamers	1709
100M VRIJ HEREN/FREE MEN 55-59			
1. 1.14.50 Hans den Boer	1709	50M SCHOOL HEREN/BREAST MEN 65-69	
		1. 49.60 Broer Lamers	1803
200M VRIJ HEREN/FREE MEN 55-59			
1. 3.02.00 Hans den Boer	1706	100M SCHOOL HEREN/BREAST MEN 65-69	
		1. 2.07.60 Broer Lamers	1709
400M VRIJ HEREN/FREE MEN 55-59			
1. 6.15.50 Hans den Boer	1706	50M VLINDER HEREN/FLY MEN 65-69	
		1. 59.10 Broer Lamers	2801
50M RUG HEREN/BACK MEN 55-59			
1. 40.80 Hans den Boer	1709	100M WISSEL HEREN/I.M. MEN 65-69	
		1. 1.47.95 Broer Lamers	1310
100M RUG HEREN/BACK MEN 55-59			
1. 1.31.60 Hans den Boer	1709	50M VRIJ HEREN/FREE MEN 70-74	
		1. 41.70 Jan van Dijk	1709
50M SCHOOL HEREN/BREAST MEN 55-59			
1. 40.30 Hans den Boer	1709	50M RUG HEREN/BACK MEN 70-74	
		1. 47.50 Jan van Dijk	1709
100M SCHOOL HEREN/BREAST MEN 55-59			
1. 1.28.40 Hans den Boer	1709		